

Frederick Douglass Senior Center

868 Amsterdam Ave 212-666-4019

The Frederick Douglass Senior Center provides day programs for senior citizens in the neighborhood. The Center provides free coffee and lunch weekday and offers many activities, including ceramics and jewelry making and mindfulness breathing classes every week.

Wish List: tables, chairs, table cloths, arts and crafts supplies, yarn, fabric, jewelry making supplies, ceramic materials

Valley Lodge

149 W 108th Street 212-678-0570
kjorgensen@wsfssh.org

Valley Lodge is a transitional shelter where homeless older people who have been living in city shelters are able to get help with the problems that caused their homelessness so they can return to independent living in the community. At Valley Lodge, 92 individuals receive 24 hour service with a full meal program, case management, programs and activities, and medical and psychiatric services. When they are ready to move on, Valley Lodge works with them to find homes that fit their needs.

Wish List: household and kitchen equipment (pots, pans, silverware); winter coats, hats, gloves, scarves



Columbus Amsterdam Business Improvement

District is a not-for-profit organization that works to improve conditions in the neighborhood of Columbus and Amsterdam Avenues from 96th to 110th Streets. We supplement city services and work with NYC agencies and Community Board 7.

Some of our current projects include:

- Daily sidewalk sweep
- Tree care and flower planting
- Tree guard maintenance
- Graffiti removal
- Holiday lighting
- Listing of commercial vacancies
- Monthly EVENTS calendar
- Family Days festivals
- History Walks and Talks with Bloomingdale Neighborhood History Group

More information at www.columbusamsterdambid.org or on Twitter @Col_AmBID

The BID has worked with local restaurants between 96th and 110th Streets to create **Bloomingdale Restaurants**. To that end, we have sponsored *six Taste of Bloomingdale: Flavors of the World* events and have launched a new website highlighting some of the 100+ restaurants in this area. Learn more at www.bloomingdalerestaurants.nyc

If you would like to learn more about what we do, please call or email us.

COLUMBUS AMSTERDAM BID

991 Amsterdam Avenue New York, NY 10025

Phone: 212-666-9774

info@columbusamsterdambid.org

Peter Arndtsen, District Manager

COLUMBUS AMSTERDAM

BUSINESS IMPROVEMENT DISTRICT

www.columbusamsterdambid.org

Community Social Services

Holiday Wish List 2017-2018

There are many social service programs in our neighborhood. If you would like to donate any of the items they have requested, or if you would like to learn more about their services, please give them a call. Happy Holidays!



ASCENSION CHURCH

221 W 107th Street
dgabella@ascensionschoolnyc.org
rklueber@ascensionchurchnyc.org

212-222-0666

Ascension Church reaches out to the poor, the elderly, the homeless, and the hungry. The children of the Ascension Church Religious Education Program run a Food Pantry, collecting canned and dry packaged goods and distributing generous grocery bags to the needy of the neighborhood every third Saturday of the month. Ascension Parish also hosts a Homeless Shelter that hosts beds for up to 20 homeless men every Saturday night. Ascension School, a Catholic elementary school serving pre-K to grade 8, runs an after school tutoring program.

Wish List: canned and dry packaged foods, boxed milk, and toilet paper for food pantry; cooks, monetary donations to buy food, and toiletries for homeless shelter; tutors for after school tutoring program

AUGUST AICHHORN CENTER FOR ADOLESCENT RESIDENTIAL CARE, INC.

23 W 106th Street
www.aichhorn.org

212-316-9353
ctorres@aichhorn.org

The Aichhorn Center is a non-profit corporation organized in New York City in 1977. Its mission is to assist teenagers by providing residential treatment services. It remains a prototype model for providing meaningful treatment to youth who cannot be managed in ordinary group homes or institutional settings. Here children develop long-term and close interactions with the supportive adults that care for them in their daily lives. This program is intensive and includes complete educational and recreational facilities at the site and a staff-patient ratio of 3 to 1.

Wish List: Double Dutch ropes, digital cameras, laptops and/or tablets, art supplies, board games, puzzles, young adult reading materials, DVDs and CDs

BLOOMINGDALE FAMILY PROGRAM, INC.
125 W 109th Street 212-663-4067
www.bloomingtonfamilyprogram.org

Since its inception in 1960, the Bloomingdale Family Program has served thousands of preschool children and their families. The program is a pioneer in early childhood education, special education, and parent development. Bloomingdale provides a wide range of services that include parent support groups, family literacy initiatives, on-site speech, and play therapy for children. We serve 135 children from age 2-5 years old within three locations in this community.

Wish List: new iPads, yarn and crochet needles, financial contributions, gift cards, new toys and games for preschoolers, and volunteers.

BOOKER T. WASHINGTON BEACON 54
(A Program of Harlem Children's Zone)
103 W 107th Street 212-866-5579
sblanco@hcz.org 646-539-5941
www.hcz.org

The Booker T. Washington Beacon 54 (BTW) aims to help students achieve academic success, while also helping them become healthier and more engaged in the world around them. In addition to providing homework help and tutoring, BTW employs specialized teaching artists, who introduce students to photography, video, dance, art, karate, organized sports and career development. BTW also offers a wide range of programming for adults, including GED, ESL, salsa, yoga, boot camp, Zumba, and nutrition classes. Our overall mission is to combat generational poverty and minimize the achievement gap in our communities.

Wish List: Tablets (Kindles, galaxy tabs, literacy software) American Doll, Baby Alive Doll, Bey Blades, Scooters, skate boards, New diary of a Wimpy Kid, Captain Underpants books, Lego sets, Action figures, Match box Cars) Middle School- Headphones, iPhone chargers, Portable charger, Make up- Portfolio art set, Sport socks, Laptops, Basketball, Kyrie Irving book bags, Girl Shoulder bags, Infinity scarves, Blanket Scarf, Bluetooth speakers, Bluetooth portable sound speaker. High School- Left hand baseball glove, T-shirts, Socks, video games for PS4 (Basketball, Baseball, Need for Speed)

THE BRIDGE, INC.
248 W 108th Street 212-663-3000
development@thebridgeny.org
www.thebridgeny.org

The Bridge, now in its 63rd year, is a community-based nonprofit organization that serves over 2,700 vulnerable New Yorkers throughout Manhattan, Brooklyn, Queens, and the Bronx. The Bridge's comprehensive services supportive housing (with 5 residences on the Upper West Side), mental health and substance abuse treatment (provided at our program headquarters in Morningside Heights), homeless outreach, veterans' services, health care in collaboration with the Ryan Health Center, care coordination, and creative arts therapies. The housing programs serve more than 1200 adults with serious mental illness, young adults aging out of residential treatment and foster care, veterans, and low income families.

Wish List: hygiene products, warm socks, gloves, scarves, art supplies, and board games. Monetary donations are also welcome.

VOLUNTEERS OF AMERICA REGENT FAMILY RESIDENCE
2720 Broadway 212-865-7000
www.voa-gny.org vbermudez@voa-gny.org

Founded in 1896, Volunteers of America is a national, faith based human service organization whose purpose and mission is to serve and uplift all people. Volunteers of America's Regent Family Residence is a transitional family shelter serving 140 families. The program provides 24-hour security, on-site childcare classrooms, recreation rooms, and staff offices. Comprehensive support services are provided on-site to meet the specific needs of families with the goal of preventing future homelessness.

Wish List: school supplies, new toys, snacks, baby products (diapers, wipes, bottles), feminine products, hygiene products (toothpaste, toothbrushes, shampoo, conditioner, soap), coats, new children's clothing, holiday decorations

TRINITY LUTHERAN CHURCH
164 W 100th Street 212-222-7045
vicaranalyse@gmail.com
www.trinitylutherannyc.org

Trinity Lutheran Church's Creative Learning Center (CLC) is a free after-school program for elementary aged children. CLC is a safe, caring environment for children to engage creatively with topics covered in school. Trinity Place Shelter (TPS) is a non-sectarian transitional shelter for LGBTQ 18-25 year olds. TPS provides residents a safe space to sleep, eat, store belongings, access transportation, counseling, and additional independent living supportive services. Trinity will also be offering a healthy, filling Christmas Breakfast on December 25.

Wish List: food items or financial contributions for the Christmas breakfast; Gift Cards (CVS, Dunkin Donuts, Starbucks), new toiletries

WEST END PRESBYTERIAN
165 W 105th Street 212-663-2900 ext. 11
alistair@iahh.org

West End Presbyterian, partnered with the Interfaith Assembly on Housing and Homelessness and other West Side Congregations, is sponsoring the Panim El Panim Life-Skills Empowerment Program. The program is a twelve week, twenty-four session program developed for men and women who are formerly or presently homeless. Panim El Panim has been in operation for seven years, and two semesters are planned for 2017 (Feb-May and Sept-Dec.) West End also hosts a food patty every Tuesday and Thursday from 11:30-12:30.

Wish List: family-style meal (sponsor a meal for 12-20 people), financial contribution for the WEPC food pantry.

ST. MICHAEL'S EPISCOPAL CHURCH
225 W 99th Street 212-222-2700
www.saintmichaelschurch.org

St. Michael's Saturday Kitchen feeds a hearty meal to over 200 people each Saturday at 10am. The Pilgrim Resource Center provides referrals to social services, such as food pantries, meals, clothing, and essential personal items.

Wish List: new socks, gloves, t-shirts, underwear, warm caps, scarves; MetroCards with 2 ride balances; restaurant pot-holders, frozen turkeys and hams for holiday soup kitchen meals

**WEST SIDE FEDERATION FOR SENIOR
AND SUPPORTIVE HOUSING**

www.wsfssh.org
Center at the Red Oak
135 W 106th Street

mnavarro@wsfssh.org **212-749-7015**
The Center at the Red Oak is a full service center serving older persons in the Manhattan Valley community, funded by the New York City Department for the Aging (DFTA). Regular activities include: arts activities, health and wellness classes, English and computer classes, games and groups, special workshops, trips around the city, and social service assistance. On-site services are provided in English and Español, with additional language resources available. The Center serves breakfast and lunch Monday-Friday with a suggested donation. Membership is free.



Wish List: tables, chairs, table cloths, arts and crafts supplies, yarn, fabric, jewelry making supplies, light weightlifting equipment, ping-pong table

JEWISH HOME LIFECARE

120 W 106th Street
mlevi@jewishhome.org **212-870-4618**
www.jewishhome.org

Jewish Home Lifecare provides healthcare services and assistance for elders. With more than 160 years of experience as a not-for-profit elder care system, Jewish Home provides a network of care and serves as a resource for aging elders and caregivers. Our Research Institute on Aging works to expand knowledge of the aging experience and models of service and to contribute to the quality of care and quality of life afforded to older adults and their families. Jewish Home Lifecare's staff, trustees, and partners strive to be a vital force in serving elders and those who care for them.

Wish List: iPods, Kindles, new headphones, portable CD players, portable DVD players, DVDs, arts & craft supplies, beads, new cosmetics, lotions, new caps, new scarves, costume jewelry, NY Times Subscription, Daily News Subscription, books on CDs, new large print books, holiday gifts for seniors

FRANCISCAN COMMUNITY CENTER

214 W 97th Street **212-932-8040**
www.fccnyc.org

The Franciscan Community Center (FCC) exists to serve the people of Manhattan's Upper West Side and reach out to all, in particular the poor, the alienated, and immigrant populations. FCC develops, manages, and supports educational, recreational, and outreach programs that create positive change in the lives of those it serves. FCC offers programs and services in the following areas: the FCC Thrift Shop, Art & Painting, Babies & Toddlers, Counseling, Legal & Social Referral Services, Food Pantry & 97th Street Sandwich Line.

Wish List: household donations (pots, pans, cups, clothing, furniture), monetary donations to maintain Food Pantry intake



**GODDARD RIVERSIDE COMMUNITY CENTER AND
OUTREACH CONSORTIUM**

www.goddard.org

Options Program

352 W 110th Street **212-678-4667**

Goddard Riverside runs the Options Center, which provides free one-to-one educational counseling to support young people and adults to go to and successfully complete college. Options also offers training for professionals engaged in the field of college counseling.

Wish List: Volunteer college essay coaches, \$5-10 gift cards for student expenses and rewards, new laptops for student use at our center

Law Project

51 W 109th Street **212-799-9638**

The Goddard Riverside Law Project is one of 22 programs at GRCC, founded in 1981, provides free legal services and tenant organizing assistance to low-income residents of single resident occupancy (SRO) and apartment buildings on Manhattan's West Side. The Project represents tenants in eviction proceedings, preventing the illegal conversion of SRO buildings, protecting the rights of tenants, and helping to better their living conditions. The outreach consortium is responsible to outreach to chronically street homeless throughout Manhattan.

Wish List: those interested in volunteering at local shelters should contact Brianne Kilpatrick at (212) 873-660 ext. 314 or bkilpatrick@goddard.org. See website for more info.

DOMINICAN SUNDAY, INC.

175 W 107th Street **212-749-0781**
domincansunday@hotmail.com **646-606-4651**

Dominican Sunday, Inc. is a non-profit organization founded in 1995 and is committed to empowering and providing a variety of support to the residents of the West Harlem, Manhattan Valley, and Morningside communities. Currently, the organization offers a variety of support in the following areas: adult education (citizenship, ESL, and GED classes), and computer classes.

Wish List: new awning for storefront, electronic gate, laser printer, copy machine, 5 sets of mouse and keyboard for PCs, 11 new office chairs, volunteers (skills: grant writing, fundraising, receptionist)

LIFEFORCE IN LATER YEARS (LILY)

irenezola@L-i-L-Y.org **917-775-1199**
www.lifeforce-in-later-years.org

Lifeforce in Later Years/LiLY is a response to the dire challenges faced by older seniors in our culture. Its life-affirming programs aim to improve their quality of life through inter-generational partnerships, increased visibility, and vital community care options. In our community, the Morningside Village program helps over 100 elders to remain comfortably in their own homes with the support of a corps of 90 volunteers and professional staff who provide friendly visits, connect older seniors to community services, and help with practical matters.

Wish List: Monetary donations, small raffle prizes, such as lunch or dinner for two, fancy food for January community party, volunteers (to visit seniors or help with other programs).

OPEN DOOR CHILD CARE CENTER**820 Columbus Ave**
opendoorccc@aol.com
www.opendoor.org**212-749-5572**

Open Door Child Care Center was organized in 1958 and provides day care for children aged two to five years old. Open Door is committed to working closely with parents and other caregivers and developing the potential of each child, regardless of disability or disadvantage. The Center also collaborates with other organizations, both within the educational and political arenas, to secure additional resources to expand quality programs for preschool children. Open Door partners with public and private schools at the elementary level in order to effect a smooth transition between preschool and school-based programs.

Wish List: laptops or computers for teachers, children books, folding chairs

RYAN COMMUNITY HEALTH CENTER**110 W 97th Street**
www.ryancenter.org**212-316-7905**

The William F. Ryan Community Health Center is a Federally Qualified Health Center (FQHC) that was founded on the principle that “health care is a right, not a privilege.” For over 50 years, Ryan has provided high quality, affordable, culturally and linguistically competent, primary, preventive, specialty health care and support services to medically underserved populations in Manhattan.

Wish List: new or gently used children’s books to provide to our pediatric patients, Volunteers for toy party (Dec 2 from 8 am to 1 pm, Dec 15 at both Chelsea Location and Lower East Side location, 4-7)

CATHEDRAL COMMUNITY CARES**1047 Amsterdam Ave**
kkamara@stjohndivine.org
ccc@stjohndivine.org**212-316-7583**

The mission of Cathedral Community Care (CCC) is to combat and alleviate poverty through preventive poverty services, education and advocacy--specifically targeting the issues of health and hunger. CCC runs a Sunday Soup Kitchen, serving breakfast at 10am, lunch at 12:30pm, and take-home supper every week. They also host a Clothing Closet, open on Tuesday and Thursday for distribution between 10am and 1pm (clients must arrive before 12:30pm.) Additionally, CCC advises clients on SNAP Certification and Re-Certification by appointment and provides Health Education and Screenings.

Wish List: non-perishable unopened food items; men’s and women’s winter clothing; new, unwrapped toys (all donations must be received before Dec 12); unopened, travel-sized hygiene products
The best times to drop off donated items are Mondays and Wednesdays from 10am-5pm.

THE CHILDREN’S AID SOCIETY**885 Columbus Ave**
Beverlyw@childrensaidsociety.org
www.childrensaidsociety.org**212-865-6337**

The Children’s Aid Society at Frederick Douglass Center provides essential services to children and families on Manhattan's Upper West Side. The center was founded in 1958 by The Children's Aid Society, and today, more than 600 children and their families use the center each day. The facilities include a full-service library, gymnasium, outdoor playground facilities, and after-school and nursery classrooms. Services include: Head Start, Child Care, After-School and Summer Camps for Elementary and Middle School, Teen Programs, and an AAU Basketball program.

Wish List: board games (e.g. UNO, Monopoly, Trouble, Sorry), variety of girl & boy toys (ages 5-14)

CLUSTER HOUSE (URBAN PATHWAYS)**904 Amsterdam Ave**
development@urbanpathways.org
www.urbanpathways.org**212-736-7385 ext. 220**

As a data-driven and innovative leader, Urban Pathways ensures that homeless and at-risk New Yorkers have the housing, services, and support that they need to be self-sufficient. Recently reopened after a complete renovation, Cluster House is the seventh supportive housing residence managed by Urban Pathways. Cluster House provides long-term housing to individuals who live with serious mental illness and who meet financial eligibility requirements.

Wish List: Welcome Kits (as new residents move in, they are given a kit of necessary items to start of life in their new apartment—i.e. wastebasket, shower mat, pillow, oven mitt, etc.), MetroCards, Turkeys, Canned and boxed food, Toiletries, toothbrushes, deodorant, soap, lotion, Arts and class supplies for classes. Also art supplies including paint, glue, brushes, easels, color pencils, etc.

SAMARITAN DAYTOP VILLAGE**68 W 106th St**
http://samaritanvillage.org
Angie.Pascual2@samaritanvillage.org**212-666-1411**

Samaritan Village’s Veritas House is a comprehensive, drug-free, residential treatment program for men and women with life-threatening addictions providing special services to the families and children of those in recovery. Veritas operates three residential treatment facilities along with prevention services, early intervention services for infants and toddlers, vocational and parenting skills and GED classes. The VERITAS mission is to heal the family and break the cycle of addiction.

Wish List: warm men and women’s socks, children’s socks, gloves for kids, adult men, and women.

